

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
<b>Population of Age 15 and Up</b>	51,426		39,463		
<b>Cough Drops - Used in Past 6 Months</b>					
Cough Drops - Yes	14,683	28.55%	10,670	27.04%	95
<b>Cough Drops - # Times Used in Past 30 Days</b>					
Cough Drops - 1-2 Times (L)	3,757	7.31%	3,008	7.62%	104
Cough Drops - 3-5 Times (M)	4,154	8.08%	2,761	7.00%	87
Cough Drops - 6-9 Times (H)	1,848	3.59%	1,511	3.83%	107
Cough Drops - 10+ Times (H)	1,310	2.55%	919	2.33%	91
<b>Cough Drops - Formats Used - Any</b>					
Cough Drops Any - Regular Size Bag (15-30 Count)	5,637	10.96%	4,101	10.39%	95
Cough Drops Any - Stick (9-10 Count)	2,700	5.25%	2,388	6.05%	115
Cough Drops Any - Lozenges	9,256	18.00%	7,750	19.64%	109
Cough Drops Any - Other	744	1.45%	537	1.36%	94
<b>Cough Drops - Formats Used - Most Often</b>					
Cough Drops Most Often - Regular Size Bag (15-30 Count)	5,099	9.92%	3,588	9.09%	92
Cough Drops Most Often - Stick (9-10 Count)	1,208	2.35%	1,085	2.75%	117
Cough Drops Most Often - Other	277	0.54%	166	0.42%	78
<b>Cough Drops - Formats Used - Sometimes</b>					
Cough Drops Sometimes - Regular Size Bag (15-30 Count)	537	1.05%	513	1.30%	124
Cough Drops Sometimes - Stick (9-10 Count)	1,492	2.90%	1,302	3.30%	114
Cough Drops Sometimes - Other	467	0.91%	371	0.94%	103
<b>Cough Drops - Used For - Any</b>					
Cough Drops Any - Allergy	1,507	2.93%	2,400	6.08%	208
Cough Drops Any - Cough	7,380	14.35%	6,191	15.69%	109
Cough Drops Any - Preventing A Cold	475	0.92%	214	0.54%	59
Cough Drops Any - Sore Throat	6,218	12.09%	5,034	12.76%	106
Cough Drops Any - Stuffy Nose	811	1.58%	561	1.42%	90
Cough Drops Any - Other	773	1.50%	544	1.38%	92
<b>Cough Drops - Used For - Most Often</b>					
Cough Drops Most Often - Allergy	1,377	2.68%	2,017	5.11%	191
Cough Drops Most Often - Cough	5,860	11.40%	3,752	9.51%	83
Cough Drops Most Often - Preventing A Cold	126	0.25%	55	0.14%	56
Cough Drops Most Often - Sore Throat	3,196	6.22%	2,385	6.04%	97
Cough Drops Most Often - Stuffy Nose	189	0.37%	67	0.17%	46
Cough Drops Most Often - Other	288	0.56%	94	0.24%	43
<b>Cough Drops - Used For - Sometimes</b>					
Cough Drops Sometimes - Allergy	182	0.35%	129	0.33%	94
Cough Drops Sometimes - Cough	1,933	3.76%	2,155	5.46%	145
Cough Drops Sometimes - Preventing A Cold	357	0.70%	155	0.39%	56
Cough Drops Sometimes - Sore Throat	3,254	6.33%	2,504	6.35%	100
Cough Drops Sometimes - Stuffy Nose	634	1.23%	491	1.25%	102
Cough Drops Sometimes - Other	495	0.96%	441	1.12%	117
<b>Cough Syrup - Used in Past 6 Months</b>					
Cough Syrup - Yes	7,569	14.72%	6,401	16.22%	110

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
<b>Cough Syrup - # Times Used in Past 30 Days</b>					
Cough Syrup - 1-2 Times (L)	1,672	3.25%	1,635	4.14%	127
Cough Syrup - 3-5 Times (M)	2,109	4.10%	1,889	4.79%	117
Cough Syrup - 6-9 Times (H)	39	0.08%	40	0.10%	125
Cough Syrup - 10+ Times (H)	775	1.51%	475	1.20%	79
<b>Cough Syrup Formats - Any</b>					
Cough Syrup Formats Any - 0-120 ml	4,277	8.32%	3,446	8.73%	105
Cough Syrup Formats Any - 121ml or more	4,050	7.88%	3,789	9.60%	122
Cough Syrup Formats Any - Other	1,375	2.67%	894	2.27%	85
<b>Cough Syrup Formats - Most Often</b>					
Cough Syrup Formats Most Often - 0-120 ml	3,502	6.81%	2,889	7.32%	107
Cough Syrup Formats Most Often - 121ml or more	3,710	7.21%	3,671	9.30%	129
Cough Syrup Formats Most Often - Other	373	0.73%	138	0.35%	48
<b>Cough Syrup Formats - Sometimes</b>					
Cough Syrup Formats Sometimes - 0-120 ml	741	1.44%	667	1.69%	117
Cough Syrup Formats Sometimes - 121ml or more	1,026	2.00%	1,030	2.61%	131
Cough Syrup Formats Sometimes - Other	1,076	2.09%	730	1.85%	89
<b>Sore Throat Remedies - Used/Past 6 Months</b>					
Sore Throat Remedies - Yes	6,310	12.27%	4,308	10.92%	89
<b>Sore Throat Remedies - # Times Used/Past 30 Days</b>					
Sore Throat Remedies - 1-2 Times (L)	796	1.55%	523	1.32%	85
Sore Throat Remedies - 3-5 Times (M)	948	1.84%	938	2.38%	129
Sore Throat Remedies - 6-9 Times (H)	127	0.25%	101	0.26%	104
Sore Throat Remedies - 10+ Times (H)	291	0.57%	208	0.53%	93
<b>Sore Throat Remedies - Kind Use - Any</b>					
Sore Throat Any - Spray	1,104	2.15%	787	1.99%	93
Sore Throat Any - Lozenges	2,077	4.04%	1,530	3.88%	96
<b>Sore Throat Remedies - Kind Use - Most Often</b>					
Sore Throat Most Often - Spray	291	0.57%	220	0.56%	98
Sore Throat Most Often - Lozenges	1,897	3.69%	1,338	3.39%	92
<b>Sore Throat Remedies - Kind Use - Sometimes</b>					
Sore Throat Sometimes - Spray	813	1.58%	567	1.44%	91
Sore Throat Sometimes - Lozenges	180	0.35%	192	0.49%	140
<b>Cold Remedies - Used in Past 6 Months</b>					
Cold Remedies - Yes	9,071	17.64%	6,741	17.08%	97
<b>Cold Remedies - # Times Used in Past 30 Days</b>					
Cold Remedies - 1-2 Times (L)	2,622	5.10%	2,226	5.64%	111
Cold Remedies - 3-5 Times (M)	1,558	3.03%	1,054	2.67%	88
Cold Remedies - 6-9 Times (H)	596	1.16%	598	1.52%	131
Cold Remedies - 10+ Times (H)	904	1.76%	586	1.48%	84
<b>Cold Remedies - Kind Use - Any</b>					
Cold Remedies Kind Any - Caplets/Capsules	3,966	7.71%	2,641	6.69%	87
Cold Remedies Kind Any - Gelscaps	2,084	4.05%	1,382	3.50%	86
Cold Remedies Kind Any - Liquid	1,742	3.39%	1,148	2.91%	86

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Cold Remedies Kind Any - Powders	288	0.56%	294	0.75%	134
Cold Remedies Kind Any - Tablets/Pills	4,530	8.81%	3,783	9.59%	109
<b>Cold Remedies - Kind Use - Most Often</b>					
Cold Remedies Kind Most Often - Caplets/Capsules	4,506	8.76%	2,952	7.48%	85
Cold Remedies Kind Most Often - Gelcaps	395	0.77%	421	1.07%	139
Cold Remedies Kind Most Often - Liquid	780	1.52%	496	1.26%	83
Cold Remedies Kind Most Often - Powders	324	0.63%	369	0.93%	148
Cold Remedies Kind Most Often - Tablets/Pills	2,775	5.40%	2,567	6.51%	121
<b>Cold Remedies - Kind Use - Sometimes</b>					
Cold Remedies Kind Sometimes - Caplets/Capsules	302	0.59%	377	0.96%	163
Cold Remedies Kind Sometimes - Gelcaps	1,767	3.44%	1,069	2.71%	79
Cold Remedies Kind Sometimes - Liquid	1,116	2.17%	782	1.98%	91
Cold Remedies Kind Sometimes - Powders	29	0.06%	16	0.04%	67
Cold Remedies Kind Sometimes - Tablets/Pills	1,330	2.59%	1,076	2.73%	105
<b>Cold Remedies - Purpose of Use - Any</b>					
Cold Remedies Purpose Any - Cold	5,683	11.05%	3,819	9.68%	88
Cold Remedies Purpose Any - Cough	4,216	8.20%	3,323	8.42%	103
Cold Remedies Purpose Any - Fever	2,091	4.07%	1,229	3.12%	77
Cold Remedies Purpose Any - Flu	2,810	5.47%	2,198	5.57%	102
Cold Remedies Purpose Any - Preventing a Cold	1,531	2.98%	988	2.51%	84
Cold Remedies Purpose Any - Sinus	3,097	6.02%	2,484	6.30%	105
Cold Remedies Purpose Any - Sore Throat	4,230	8.23%	2,660	6.74%	82
Cold Remedies Purpose Any - Stuffy Nose	4,081	7.94%	2,689	6.81%	86
<b>Cold Remedies - Purpose of Use - Most Often</b>					
Cold Remedies Purpose Most Often - Cold	4,959	9.64%	3,865	9.79%	102
Cold Remedies Purpose Most Often - Cough	494	0.96%	516	1.31%	136
Cold Remedies Purpose Most Often - Fever	441	0.86%	603	1.53%	178
Cold Remedies Purpose Most Often - Flu	631	1.23%	424	1.07%	87
Cold Remedies Purpose Most Often - Preventing a Cold	431	0.84%	168	0.43%	51
Cold Remedies Purpose Most Often - Sinus	432	0.84%	376	0.95%	113
Cold Remedies Purpose Most Often - Sore Throat	167	0.32%	125	0.32%	100
Cold Remedies Purpose Most Often - Stuffy Nose	582	1.13%	572	1.45%	128
<b>Cold Remedies - Purpose of Use - Sometimes</b>					
Cold Remedies Purpose Sometimes - Cold	1,628	3.17%	822	2.08%	66
Cold Remedies Purpose Sometimes - Cough	4,259	8.28%	2,642	6.70%	81
Cold Remedies Purpose Sometimes - Fever	1,860	3.62%	1,246	3.16%	87
Cold Remedies Purpose Sometimes - Flu	1,921	3.74%	1,296	3.29%	88
Cold Remedies Purpose Sometimes - Preventing a Cold	742	1.44%	601	1.52%	106
Cold Remedies Purpose Sometimes - Sinus	2,535	4.93%	1,945	4.93%	100
Cold Remedies Purpose Sometimes - Sore Throat	3,995	7.77%	2,569	6.51%	84
Cold Remedies Purpose Sometimes - Stuffy Nose	3,468	6.74%	2,196	5.56%	82
<b>Natural Based Cough and Cold Remedies - Used in Past 6 Months</b>					
Natural Based Cough and Cold Remedies - Yes	2,807	5.46%	2,090	5.30%	97
<b>Natural Based Cough and Cold Remedies - # Times Used in Past 30 Days</b>					
Natural Based Cough and Cold Remedies # Times - 1-2 (L)	600	1.17%	411	1.04%	89

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Natural Based Cough and Cold Remedies # Times - 3-5 (M)	851	1.66%	558	1.41%	85
Natural Based Cough and Cold Remedies # Times - 6-9 (M)	304	0.59%	196	0.50%	85
Natural Based Cough and Cold Remedies # Times - 10+ (H)	190	0.37%	120	0.30%	81
<b>Natural Based Cough and Cold Remedies - Format - Any</b>					
Natural Based Cough and Cold Remedies Format Any - Natural based cold remedies	2,234	4.34%	1,650	4.18%	96
Natural Based Cough and Cold Remedies Format Any - Natural based cough remedies	2,161	4.20%	1,751	4.44%	106
Natural Based Cough and Cold Remedies Format Any - Other	379	0.74%	195	0.50%	68
<b>Natural Based Cough and Cold Remedies - Format - Most Often</b>					
Natural Based Cough and Cold Remedies Format Most Often - Natural based cold remedies	1,728	3.36%	1,210	3.07%	91
Natural Based Cough and Cold Remedies Format Most Often - Natural based cough remedies	944	1.84%	1,132	2.87%	156
Natural Based Cough and Cold Remedies Format Most Often - Other	45	0.09%	8	0.02%	22
<b>Natural Based Cough and Cold Remedies - Format Sometimes</b>					
Natural Based Cough and Cold Remedies Format Sometimes - Natural based cold remedies	573	1.12%	459	1.16%	104
Natural Based Cough and Cold Remedies Format Sometimes - Natural based cough remedies	1,254	2.44%	981	2.49%	102
Natural Based Cough and Cold Remedies Format Sometimes - Other	550	1.07%	333	0.85%	79
<b>Natural Based Cough and Cold Remedies - Purpose - Any</b>					
Natural Based Cough and Cold Remedies Purpose Any - Cold	1,781	3.46%	1,403	3.56%	103
Natural Based Cough and Cold Remedies Purpose Any - Cough	1,724	3.35%	1,385	3.51%	105
Natural Based Cough and Cold Remedies Purpose Any - Fever	63	0.12%	53	0.13%	108
Natural Based Cough and Cold Remedies Purpose Any - Flu	648	1.26%	503	1.27%	101
Natural Based Cough and Cold Remedies Purpose Any - Preventing a Cold	1,251	2.43%	1,146	2.91%	120
Natural Based Cough and Cold Remedies Purpose Any - Sinus	905	1.76%	845	2.14%	122
Natural Based Cough and Cold Remedies Purpose Any - Sore Throat	1,655	3.22%	1,342	3.40%	106
Natural Based Cough and Cold Remedies Purpose Any - Stuffy Nose	423	0.82%	316	0.80%	98
Natural Based Cough and Cold Remedies Purpose Any - Other	195	0.38%	216	0.55%	145
<b>Natural Based Cough and Cold Remedies-Purpose - Most Often</b>					
Natural Based Cough and Cold Remedies Purpose Most often - Cold	1,017	1.98%	678	1.72%	87
Natural Based Cough and Cold Remedies Purpose Most often - Cough	788	1.53%	567	1.44%	94
Natural Based Cough and Cold Remedies Purpose Most often - Flu	226	0.44%	110	0.28%	64

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Natural Based Cough and Cold Remedies Purpose Most often - Preventing a Cold	477	0.93%	401	1.02%	110
Natural Based Cough and Cold Remedies Purpose Most often - Sore Throat	50	0.10%	26	0.07%	70
<b>Natural Based Cough and Cold Remedies - Purpose - Sometimes</b>					
Natural Based Cough and Cold Remedies Purpose Sometimes - Cold	566	1.10%	555	1.41%	128
Natural Based Cough and Cold Remedies Purpose Sometimes - Cough	1,195	2.33%	701	1.78%	76
Natural Based Cough and Cold Remedies Purpose Sometimes - Fever	64	0.12%	53	0.13%	108
Natural Based Cough and Cold Remedies Purpose Sometimes - Flu	578	1.12%	461	1.17%	104
Natural Based Cough and Cold Remedies Purpose Sometimes - Preventing a Cold	985	1.92%	793	2.01%	105
Natural Based Cough and Cold Remedies Purpose Sometimes - Sinus	911	1.77%	763	1.93%	109
Natural Based Cough and Cold Remedies Purpose Sometimes - Sore Throat	1,407	2.74%	1,096	2.78%	101
Natural Based Cough and Cold Remedies Purpose Sometimes - Stuffy Nose	370	0.72%	275	0.70%	97
Natural Based Cough and Cold Remedies Purpose Sometimes - Other	136	0.27%	177	0.45%	167
<b>Children's Cough &amp; Cold Remedies - Used in the past 6 months</b>					
Children's Cough - Yes	1,394	2.71%	919	2.33%	86
<b>Eye Drops - Used in Past 6 Months</b>					
Eye Drops - Yes	10,883	21.16%	7,644	19.37%	92
<b>Eye Drops - # Times Used in Past 30 Days</b>					
Eye Drops - 1-2 Times (L)	3,011	5.86%	2,150	5.45%	93
Eye Drops - 3-5 Times (M)	1,678	3.26%	1,414	3.58%	110
Eye Drops - 6-9 Times (H)	1,226	2.38%	616	1.56%	66
Eye Drops - 10-14 Times (H)	760	1.48%	519	1.32%	89
Eye Drops - 15+ Times (H)	3,458	6.72%	2,224	5.64%	84
<b>Eye Drops - Type Use - Any</b>					
Eye Drops Any - Non-Prescription	8,547	16.62%	7,146	18.11%	109
Eye Drops Any - Prescription	3,988	7.76%	3,133	7.94%	102
<b>Eye Drops - Type Use - Most Often</b>					
Eye Drops Most Often - Non-Prescription	8,055	15.66%	6,681	16.93%	108
Eye Drops Most Often - Prescription	2,181	4.24%	1,751	4.44%	105
<b>Eye Drops - Type Use - Sometimes</b>					
Eye Drops Sometimes - Non-Prescription	492	0.96%	465	1.18%	123
Eye Drops Sometimes - Prescription	1,807	3.51%	1,382	3.50%	100
<b>Eye Drops - Reasons for Use</b>					
Eye Drops - Allergy	2,924	5.69%	2,287	5.80%	102

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Eye Drops - Dry Eyes	5,770	11.22%	4,165	10.56%	94
Eye Drops - Multi-Symptom	1,260	2.45%	992	2.51%	102
Eye Drops - Red Eye/Redness relief	2,724	5.30%	1,920	4.86%	92
Eye Drops - Other	1,446	2.81%	948	2.40%	85
<b>Eyewear - Wear</b>					
Eyewear - Yes	35,085	68.23%	26,570	67.33%	99
<b>Eyewear - Type Bought Past 12 Months</b>					
Eyewear - Prescription Eyeglasses	25,729	50.03%	17,151	43.46%	87
Eyewear - Bi-Focals	5,254	10.22%	4,567	11.57%	113
Eyewear - Contact Lenses	1,848	3.59%	1,768	4.48%	125
Eyewear - Disposable Contact Lenses	1,467	2.85%	1,564	3.96%	139
Eyewear - Prescription Sunglasses	4,470	8.69%	3,443	8.72%	100
Eyewear - Non-Prescription Sunglasses	7,542	14.67%	5,752	14.58%	99
<b>Eyewear - \$ Spent On Last Pair in Past 12 Months</b>					
Eyewear - Under \$50	15,843	30.81%	10,961	27.78%	90
Eyewear - \$51-99	225	0.44%	89	0.23%	52
Eyewear - \$100-199	3,443	6.70%	2,436	6.17%	92
Eyewear - \$200-399	7,334	14.26%	5,021	12.72%	89
Eyewear - \$400+	8,240	16.02%	8,063	20.43%	128
<b>Topical Pain Relievers - Used/Past 6 Months</b>					
Topical Pain Relievers - Yes	5,759	11.20%	4,063	10.30%	92
<b>Topical Pain Relievers - # Times Used/Past 30 Days</b>					
Topical Pain Relievers - 1-2 Times (L)	1,294	2.52%	878	2.23%	88
Topical Pain Relievers - 3-5 Times (M)	1,336	2.60%	1,026	2.60%	100
Topical Pain Relievers - 6-9 Times (H)	438	0.85%	298	0.76%	89
Topical Pain Relievers - 10-14 Times (H)	4	0.01%	4	0.01%	100
Topical Pain Relievers - 15+ Times (H)	1,519	2.95%	1,287	3.26%	111
<b>Topical Pain Relievers - Form Use - Any</b>					
Topical Pain Relievers Any - Cream	4,088	7.95%	3,204	8.12%	102
Topical Pain Relievers Any - Patch	1,392	2.71%	733	1.86%	69
Topical Pain Relievers Any - Rubs	3,994	7.77%	2,954	7.49%	96
Topical Pain Relievers Any - Wraps	316	0.61%	226	0.57%	93
<b>Topical Pain Relievers - Form Use - Most Often</b>					
Topical Pain Relievers Most Often - Cream	2,457	4.78%	1,797	4.55%	95
Topical Pain Relievers Most Often - Patch	707	1.37%	362	0.92%	67
Topical Pain Relievers Most Often - Rubs	2,596	5.05%	1,905	4.83%	96
<b>Topical Pain Relievers - Form Use - Sometimes</b>					
Topical Pain Relievers Sometimes - Cream	1,200	2.33%	1,124	2.85%	122
Topical Pain Relievers Sometimes - Patch	533	1.04%	301	0.76%	73
Topical Pain Relievers Sometimes - Rubs	929	1.81%	736	1.87%	103
Topical Pain Relievers Sometimes - Wraps	316	0.61%	226	0.57%	93
<b>Pain Relievers for Arthritis/Rheumatism - Used/Past 6 Months</b>					
Pain Relievers for Arthritis/Rheumatism - Yes	11,184	21.75%	8,191	20.76%	95
<b>Pain Relievers for Arthritis/Rheumatism - # Times Used/Past 30 Days</b>					
Arthritis Pain Relievers - 1-2 Times (L)	1,800	3.50%	1,121	2.84%	81



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Arthritis Pain Relievers - 3-5 Times (M)	1,688	3.28%	1,348	3.42%	104
Arthritis Pain Relievers - 6-9 Times (H)	1,455	2.83%	1,338	3.39%	120
Arthritis Pain Relievers - 10-14 Times (H)	1,074	2.09%	1,037	2.63%	126
Arthritis Pain Relievers - 15+ Times (H)	3,584	6.97%	2,057	5.21%	75
<b>Pain Relievers for Back Pain - Used/Past 6 Months</b>					
Pain Relievers for Back Pain - Yes	6,700	13.03%	4,603	11.67%	90
<b>Pain Relievers for Back Pain - # Times Used/Past 30 Days</b>					
Back Pain Relievers - 1-2 Times (L)	1,942	3.78%	1,360	3.45%	91
Back Pain Relievers - 3-5 Times (M)	1,160	2.26%	758	1.92%	85
Back Pain Relievers - 6 + Times (H)	2,701	5.25%	1,716	4.35%	83
<b>Pain Relievers for Headaches - Used/Past 6 Months</b>					
Pain Relievers for Headaches - Yes	19,586	38.09%	14,529	36.82%	97
<b>Pain Relievers for Headaches - # Times Used/Past 30 Days</b>					
Headaches Relievers - 1-2 Times (L)	8,788	17.09%	7,126	18.06%	106
Headaches Relievers - 3-5 Times (M)	3,189	6.20%	2,647	6.71%	108
Headaches Relievers - 6-9 Times (H)	3,903	7.59%	2,341	5.93%	78
Headaches Relievers - 10-14 Times (H)	733	1.43%	658	1.67%	117
Headaches Relievers - 15+ Times (H)	1,120	2.18%	524	1.33%	61
<b>Pain Relievers for Headaches - Type Use - Any</b>					
Headaches Relievers Any - Caplets	6,167	11.99%	4,418	11.19%	93
Headaches Relievers Any - Capsules	2,824	5.49%	1,634	4.14%	75
Headaches Relievers Any - Gelcaps	3,587	6.98%	2,907	7.37%	106
Headaches Relievers Any - Liquigels	3,813	7.41%	2,939	7.45%	101
Headaches Relievers Any - Tablets	13,034	25.35%	10,205	25.86%	102
<b>Pain Relievers for Headaches - Type Use - Most Often</b>					
Headaches Relievers Most Often - Caplets	3,073	5.98%	2,296	5.82%	97
Headaches Relievers Most Often - Capsules	1,402	2.73%	673	1.70%	62
Headaches Relievers Most Often - Gelcaps	2,243	4.36%	1,872	4.74%	109
Headaches Relievers Most Often - Liquigels	2,568	4.99%	2,155	5.46%	109
Headaches Relievers Most Often - Tablets	10,300	20.03%	7,534	19.09%	95
<b>Pain Relievers for Headaches - Type Use - Sometimes</b>					
Headaches Relievers Sometimes - Caplets	3,277	6.37%	2,196	5.56%	87
Headaches Relievers Sometimes - Capsules	1,512	2.94%	986	2.50%	85
Headaches Relievers Sometimes - Gelcaps	1,476	2.87%	1,093	2.77%	97
Headaches Relievers Sometimes - Liquigels	1,379	2.68%	860	2.18%	81
Headaches Relievers Sometimes - Tablets	3,354	6.52%	2,922	7.41%	114
<b>Pain Relievers for Headaches - Kind Use - Any</b>					
Headaches Relievers Any - With Codeine	5,143	10.00%	4,006	10.15%	102
Headaches Relievers Any - Without Codeine	16,288	31.67%	11,102	28.13%	89
<b>Pain Relievers for Headaches - Kind Use - Most Often</b>					
Headaches Relievers Most Often - With Codeine	3,969	7.72%	3,041	7.71%	100
Headaches Relievers Most Often - Without Codeine	15,053	29.27%	10,275	26.04%	89
<b>Pain Relievers for Headaches - Kind Use - Sometimes</b>					
Headaches Relievers Sometimes - With Codeine	1,173	2.28%	964	2.44%	107

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Headaches Relievers Sometimes - Without Codeine	1,235	2.40%	828	2.10%	88
<b>Pain Relievers for Muscle/Body Pain - Used/Past 6 Months</b>					
Muscle/Body Pain Relievers - Yes	15,809	30.74%	10,574	26.79%	87
<b>Pain Relievers for Muscle/Body Pain - Times Used/Past 30 Days</b>					
Muscle/Body Pain Relievers - 1-2 Times (L)	6,197	12.05%	3,899	9.88%	82
Muscle/Body Pain Relievers - 3-5 Times (M)	2,653	5.16%	1,873	4.75%	92
Muscle/Body Pain Relievers - 6-9 Times (H)	1,573	3.06%	1,093	2.77%	91
Muscle/Body Pain Relievers - 10-14 Times (H)	1,082	2.11%	520	1.32%	63
Muscle/Body Pain Relievers - 15+ Times (H)	979	1.90%	599	1.52%	80
<b>Non-Prescription Products for Preventing Heart Attack/Stroke - Use</b>					
Non-Prescription for Preventing Heart Attack/Stroke - Yes	7,934	15.43%	5,650	14.32%	93
<b>Smoked in Last 6 Months</b>					
Smoked - Yes	3,572	6.95%	1,826	4.63%	67
<b>How Often Smoke</b>					
How Often Smoke - Daily	2,972	5.78%	1,561	3.96%	69
How Often Smoke - Weekly	169	0.33%	57	0.14%	42
How Often Smoke - Less often	431	0.84%	208	0.53%	63
<b>Smoking Type Used - Any</b>					
Smoking Type Any - Cigarettes	2,357	4.58%	1,221	3.09%	67
Smoking Type Any - Cigars	601	1.17%	431	1.09%	93
Smoking Type Any - Electronic/ E-Cigarettes	2,058	4.00%	913	2.31%	58
Smoking Type Any - Vaporizers	792	1.54%	448	1.14%	74
<b>Smoking Type Used - Most Often</b>					
Smoking Type Most Often - Cigarettes	2,908	5.65%	1,324	3.35%	59
Smoking Type Most Often - Cigars	141	0.27%	97	0.25%	93
Smoking Type Most Often - Electronic/ E-Cigarettes	310	0.60%	341	0.86%	143
Smoking Type Most Often - Vaporizers	214	0.42%	65	0.17%	40
<b>Smoking Type Used - Sometimes</b>					
Smoking Type Sometimes - Cigarettes	127	0.25%	39	0.10%	40
Smoking Type Sometimes - Cigars	359	0.70%	434	1.10%	157
Smoking Type Sometimes - Electronic/ E-Cigarettes	1,145	2.23%	311	0.79%	35
Smoking Type Sometimes - Vaporizers	421	0.82%	313	0.79%	96
<b>Smoking Product Used to Quit</b>					
Smoking Product Used to Quit - Cold Turkey	5,637	10.96%	3,405	8.63%	79
Smoking Product Used to Quit - E-Cigarettes	1,821	3.54%	1,246	3.16%	89
Smoking Product Used to Quit - Gum	2,002	3.89%	1,497	3.79%	97
Smoking Product Used to Quit - Patch	3,005	5.84%	2,194	5.56%	95
Smoking Product Used to Quit - Pill	738	1.44%	530	1.34%	93
Smoking Product Used to Quit - Other	860	1.67%	500	1.27%	76
<b>Allergy &amp; Sinus Remedies - Used/Past 6 Months</b>					
Allergy & Sinus - Yes	9,631	18.73%	7,458	18.90%	101
<b>Allergy &amp; Sinus Remedies - # Times Used/Past 30 Days</b>					
Allergy & Sinus - 1-2 Times (L)	2,119	4.12%	2,022	5.12%	124
Allergy & Sinus - 3-5 Times (M)	861	1.67%	925	2.34%	140



Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Allergy & Sinus - 6-9 Times (H)	782	1.52%	732	1.86%	122
Allergy & Sinus - 10-14 Times (H)	809	1.57%	755	1.91%	122
Allergy & Sinus - 15+ Times (H)	2,421	4.71%	1,275	3.23%	69
<b>Allergy &amp; Sinus Remedies - Kind Use - Any</b>					
Allergy & Sinus Any - Caplets	5,098	9.91%	3,770	9.55%	96
Allergy & Sinus Any - Capsules	2,315	4.50%	1,777	4.50%	100
Allergy & Sinus Any - Gelcaps	758	1.47%	698	1.77%	120
Allergy & Sinus Any - Liquid	427	0.83%	201	0.51%	61
Allergy & Sinus Any - Medicated Nasal Sprays	2,787	5.42%	2,133	5.41%	100
Allergy & Sinus Any - Nasal Saline Sprays	2,233	4.34%	2,039	5.17%	119
Allergy & Sinus Any - Nasal Strip	261	0.51%	172	0.44%	86
Allergy & Sinus Any - Tablets	5,051	9.82%	4,716	11.95%	122
<b>Allergy &amp; Sinus Remedies - Kind Use - Most Often</b>					
Allergy & Sinus Most Often - Caplets	3,324	6.46%	2,406	6.10%	94
Allergy & Sinus Most Often - Capsules	716	1.39%	509	1.29%	93
Allergy & Sinus Most Often - Gelcaps	371	0.72%	310	0.79%	110
Allergy & Sinus Most Often - Liquid	287	0.56%	91	0.23%	41
Allergy & Sinus Most Often - Medicated Nasal Sprays	1,330	2.59%	1,015	2.57%	99
Allergy & Sinus Most Often - Nasal Saline Sprays	448	0.87%	477	1.21%	139
Allergy & Sinus Most Often - Tablets	3,156	6.14%	2,650	6.72%	109
<b>Allergy &amp; Sinus Remedies - Kind Use - Sometimes</b>					
Allergy & Sinus Sometimes - Caplets	584	1.14%	415	1.05%	92
Allergy & Sinus Sometimes - Capsules	1,350	2.62%	1,073	2.72%	104
Allergy & Sinus Sometimes - Gelcaps	255	0.50%	274	0.69%	138
Allergy & Sinus Sometimes - Liquid	45	0.09%	71	0.18%	200
Allergy & Sinus Sometimes - Medicated Nasal Sprays	990	1.93%	736	1.86%	96
Allergy & Sinus Sometimes - Nasal Saline Sprays	1,627	3.16%	1,382	3.50%	111
Allergy & Sinus Sometimes - Nasal Strip	261	0.51%	172	0.44%	86
Allergy & Sinus Sometimes - Tablets	783	1.52%	1,048	2.66%	175
<b>Upset Stomach Remedies - Used/Past 6 Months</b>					
Upset Stomach Remedies - Yes	9,315	18.11%	6,982	17.69%	98
<b>Upset Stomach Remedies - # Times Used/Past 30 Days</b>					
Upset Stomach - 1-3 Times (L)	4,005	7.79%	3,010	7.63%	98
Upset Stomach - 4-6 Times (M)	1,707	3.32%	950	2.41%	73
Upset Stomach - 7+ Times (H)	2,627	5.11%	2,047	5.19%	102
<b>Upset Stomach Remedies - Type Use - Any</b>					
Upset Stomach Any - Chewable Tablet	6,480	12.60%	4,670	11.83%	94
Upset Stomach Any - Effervescent	463	0.90%	356	0.90%	100
Upset Stomach Any - Liquid	2,463	4.79%	2,005	5.08%	106
Upset Stomach Any - Pill/Caplet	2,533	4.93%	1,956	4.96%	101
Upset Stomach Any - Softgel Capsules	175	0.34%	175	0.44%	129
Upset Stomach Any - Soft Chews	353	0.69%	198	0.50%	72
<b>Upset Stomach Remedies - Type Use - Most Often</b>					
Upset Stomach Most Often - Chewable Tablet	5,732	11.15%	4,279	10.84%	97

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Upset Stomach Most Often - Effervescent	215	0.42%	174	0.44%	105
Upset Stomach Most Often - Liquid	1,848	3.59%	1,486	3.77%	105
Upset Stomach Most Often - Pill/Caplet	2,360	4.59%	1,837	4.66%	102
Upset Stomach Most Often - Softgel Capsules	8	0.02%	0	0.00%	0
Upset Stomach Most Often - Soft Chews	85	0.17%	57	0.14%	82
<b>Upset Stomach Remedies - Type Use - Sometimes</b>					
Upset Stomach Sometimes - Chewable Tablet	749	1.46%	390	0.99%	68
Upset Stomach Sometimes - Effervescent	248	0.48%	182	0.46%	96
Upset Stomach Sometimes - Liquid	615	1.20%	519	1.31%	109
Upset Stomach Sometimes - Pill/Caplet	173	0.34%	119	0.30%	88
Upset Stomach Sometimes - Softgel Capsules	167	0.33%	174	0.44%	133
Upset Stomach Sometimes - Soft Chews	269	0.52%	141	0.36%	69
<b>Laxatives - Used Past 6 Months</b>					
Laxatives - Yes	3,662	7.12%	2,208	5.59%	79
<b>Laxatives - How Often Taken Past 6 Months</b>					
Laxatives - Once a week	211	0.41%	101	0.26%	63
Laxatives - 2-3 times a week	646	1.26%	287	0.73%	58
Laxatives - Once a month	478	0.93%	360	0.91%	98
Laxatives - 2-3 times a month	708	1.38%	409	1.04%	75
Laxatives - Every 2-3 months	581	1.13%	387	0.98%	87
Laxatives - Every 6 months	140	0.27%	94	0.24%	89
Laxatives - Less often	897	1.75%	570	1.44%	82
<b>Insoles/Inserts/Orthotics - Bought in Past 12 Months</b>					
Insoles/Inserts/Orthotics - Yes	4,383	8.52%	3,260	8.26%	97
<b>Insoles/Inserts/Orthotics - Types Bought Past 12 Months</b>					
Insoles - Prescribed Orthotics (from Doctor)	1,091	2.12%	745	1.89%	89
Insoles - Store Bought	3,855	7.50%	2,904	7.36%	98
<b>Insoles/Inserts/Orthotics - Use for</b>					
Insoles for - Comfort through the Day	2,000	3.89%	1,803	4.57%	117
Insoles for - Improved Shoe Fit	689	1.34%	322	0.82%	61
Insoles for - Shoe/Foot Deodorizer	316	0.61%	335	0.85%	139
Insoles for - Foot Pain	1,789	3.48%	1,004	2.54%	73
Insoles for - Knee Pain	288	0.56%	293	0.74%	132
Insoles for - Back Pain	1,004	1.95%	793	2.01%	103
Insoles for - Medical reasons (Prescribed by Doctor)	708	1.38%	465	1.18%	86
<b>Foot Grooming - Bought Past 6 Months</b>					
Foot Grooming - Yes	3,687	7.17%	2,765	7.01%	98
<b>Foot Odour/Wetness - Used Past 6 Months</b>					
Foot Odour/Wetness - Yes	1,105	2.15%	809	2.05%	95
<b>Antifungal Products - Used for Athletes Foot, Jock Itch, Nail Fungus etc. Past 6 Months</b>					
Antifungal Products - Yes	5,061	9.84%	4,703	11.92%	121
<b>Blister/Corn/Callus - Used Past 6 Months</b>					
Blister/Corn/Callus - Yes	2,653	5.16%	3,266	8.28%	160
<b>Wart Treatments - Used in Household in Past 6 Months</b>					
Wart Treatments - Yes	2,115	4.11%	1,753	4.44%	108

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
	<b>Laser Eye Surgery - Had Done in Past 2 Years</b>				
Laser Eye Surgery - Yes	1,728	3.36%	1,263	3.20%	95
<b>Skin Tag Remover - Bought Past 6 Months</b>					
Skin Tag Remover - Yes	70	0.14%	57	0.15%	107
<b>Diet Control/Weight Management - Control Diet</b>					
Diet Control/Weight Management - Yes	14,985	29.14%	11,586	29.36%	101
<b>Diet Control/Weight Management - Reasons for Controlling Diet</b>					
Diet Control - Blood Sugar Level	4,355	8.47%	3,437	8.71%	103
Diet Control - Cholesterol Level	3,274	6.37%	2,394	6.07%	95
Diet Control - Weight Management	8,830	17.17%	6,788	17.20%	100
Diet Control - Physical Fitness	7,187	13.98%	6,473	16.40%	117
Diet Control - Personal Health	11,961	23.26%	9,288	23.54%	101
Diet Control - Other	583	1.13%	233	0.59%	52
<b>Diet Control/Weight Management - Treatments for Controlling Diet</b>					
Diet Control - Diet Pills	556	1.08%	307	0.78%	72
Diet Control - Exercise	9,642	18.75%	7,515	19.04%	102
Diet Control - Meal Replacements	1,566	3.05%	1,343	3.40%	111
Diet Control - Nutritionist	2,414	4.69%	1,216	3.08%	66
Diet Control - Weight Control Centre	812	1.58%	684	1.73%	109
Diet Control - Other	4,828	9.39%	3,581	9.07%	97
<b>Medical Conditions/Prescription Remedies - Used in Household Past 6 Months</b>					
Medical Conditions - Yes - Myself	29,585	57.53%	25,026	63.42%	110
Medical Conditions - Yes - Other Household Member	12,406	24.12%	10,881	27.57%	114
<b>Medical Conditions/Prescription Remedies - Condition Have</b>					
Medical Conditions - Arthritis	10,963	21.32%	7,371	18.68%	88
Medical Conditions - Asthma	3,934	7.65%	3,182	8.06%	105
Medical Conditions - Bacterial Vaginosis	341	0.66%	141	0.36%	55
Medical Conditions - Bleeding Gums	642	1.25%	436	1.10%	88
Medical Conditions - Cold Sores/Fever Blisters	1,533	2.98%	1,150	2.91%	98
Medical Conditions - Depression	5,121	9.96%	2,722	6.90%	69
Medical Conditions - Diabetes	6,373	12.39%	5,010	12.70%	103
Medical Conditions - Dry Mouth	2,980	5.80%	1,935	4.90%	84
Medical Conditions - Erectile Difficulties	1,867	3.63%	1,096	2.78%	77
Medical Conditions - Fibromyalgia	1,343	2.61%	740	1.88%	72
Medical Conditions - Food Allergies	2,258	4.39%	1,118	2.83%	64
Medical Conditions - Gum Disease/Gingivitis	628	1.22%	264	0.67%	55
Medical Conditions - Hair Loss	3,810	7.41%	2,393	6.06%	82
Medical Conditions - High Blood Pressure	8,342	16.22%	7,053	17.87%	110
Medical Conditions - High Cholesterol	6,015	11.70%	4,020	10.19%	87
Medical Conditions - Incontinence	1,122	2.18%	797	2.02%	93
Medical Conditions - Insomnia	3,735	7.26%	2,893	7.33%	101
Medical Conditions - Irritable Bowel Syndrome	1,482	2.88%	713	1.81%	63
Medical Conditions - Migraine	2,107	4.10%	1,212	3.07%	75
Medical Conditions - Nighttime Nasal Congestion	1,238	2.41%	839	2.13%	88

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Medical Conditions - Osteoporosis	1,898	3.69%	1,209	3.07%	83
Medical Conditions - Overactive Bladder	1,351	2.63%	653	1.66%	63
Medical Conditions - Psoriasis	816	1.59%	608	1.54%	97
Medical Conditions - Ulcer	153	0.30%	68	0.17%	57
Medical Conditions - Ulcerative Colitis	180	0.35%	164	0.42%	120
Medical Conditions - Other	6,179	12.02%	3,858	9.78%	81
<b>Hair Growth Products - Used Past 6 Months</b>					
Hair Growth Products - Yes	2,381	4.63%	1,400	3.55%	77
<b>Hair Growth Products - Forms of Treatment Used</b>					
Hair Growth Products - Topical Solution	1,069	2.08%	632	1.60%	77
Hair Growth Products - Nutritional Supplement	1,523	2.96%	1,054	2.67%	90
Hair Growth Products - Thickening Shampoo/Conditioner	680	1.32%	318	0.81%	61
<b>Cosmetic Treatments - Had Done/Past 12 Months</b>					
Cosmetic Treatments - Yes	1,372	2.67%	1,015	2.57%	96
<b>Multivitamins - Used in Past 30 Days</b>					
Multivitamins - Yes	19,455	37.83%	14,633	37.08%	98
<b>Multivitamins - How Often Used</b>					
Multivitamins - Daily	15,666	30.46%	11,609	29.42%	97
Multivitamins - Every Other Day	1,744	3.39%	1,531	3.88%	114
Multivitamins - Once A Week	125	0.24%	82	0.21%	88
Multivitamins - Less Often	1,920	3.73%	1,410	3.57%	96
<b>Multivitamins - Type Used</b>					
Multivitamins - Adults	3,125	6.08%	2,664	6.75%	111
Multivitamins - Adults 50+	2,702	5.25%	2,178	5.52%	105
Multivitamins - Women's	1,602	3.12%	866	2.19%	70
Multivitamins - Women's 50+	4,357	8.47%	3,521	8.92%	105
Multivitamins - Men's	705	1.37%	548	1.39%	101
Multivitamins - Men's 50+	2,830	5.50%	2,752	6.97%	127
Multivitamins - Prenatal	129	0.25%	76	0.19%	76
Multivitamins - Prenatal with DHA	0	0.00%	0	0.00%	
Multivitamins - Immunity	185	0.36%	128	0.32%	89
Multivitamins - Max Strength	505	0.98%	473	1.20%	122
Multivitamins - Other	4,243	8.25%	3,093	7.84%	95
<b>Multivitamins - Forms Used</b>					
Multivitamins - Tablets	15,413	29.97%	13,103	33.20%	111
Multivitamins - Gummies	1,254	2.44%	839	2.13%	87
Multivitamins - Liquid	623	1.21%	309	0.78%	64
Multivitamins - Chewable	1,245	2.42%	1,115	2.83%	117
Multivitamins - Other	665	1.29%	653	1.66%	129
<b>Vitamins, Minerals, Herbal &amp; Nutritional Supplements - Used/Past 6 Months</b>					
Vitamins, Minerals, Herbal & Nutritional Supplements - Yes	25,464	49.52%	19,864	50.34%	102
<b>Vitamins, Minerals, Herbal &amp; Nutritional Supplements - How Often Used</b>					
Vitamins - Daily	22,437	43.63%	17,180	43.54%	100
Vitamins - Weekly	1,826	3.55%	1,633	4.14%	117

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Vitamins - Monthly	380	0.74%	560	1.42%	192
Vitamins - Less Often	819	1.59%	491	1.24%	78
<b>Vitamins, Minerals, Herbal &amp; Nutritional Supplements - Vitamins &amp; Minerals Use</b>					
Vitamins - Vitamin A	2,365	4.60%	1,412	3.58%	78
Vitamins - Vitamin D	14,244	27.70%	11,816	29.94%	108
Vitamins - B Vitamins	10,249	19.93%	9,031	22.88%	115
Vitamins - Vitamin C	10,113	19.66%	8,412	21.32%	108
Vitamins - Vitamin E	2,588	5.03%	2,016	5.11%	102
Vitamins - Folic Acid	1,865	3.63%	1,476	3.74%	103
Vitamins - Calcium	8,368	16.27%	7,008	17.76%	109
Vitamins - Iron + Other Minerals (Excluding Calcium)	6,635	12.90%	4,147	10.51%	81
Vitamins - Other	4,489	8.73%	2,765	7.01%	80
<b>Vitamins, Minerals, Herbal &amp; Nutritional Supplements - Herbal Supplements Use</b>					
Herbal Supplements - Circumin/Turmeric	1,885	3.67%	1,789	4.53%	123
Herbal Supplements - Collagen	1,892	3.68%	1,389	3.52%	96
Herbal Supplements - Coenzyme Q10 (CoQ10)	1,894	3.68%	1,371	3.47%	94
Herbal Supplements - Cranberry	865	1.68%	747	1.89%	113
Herbal Supplements - Echinacea	849	1.65%	533	1.35%	82
Herbal Supplements - Evening Primrose Oil	450	0.87%	285	0.72%	83
Herbal Supplements - Fibre	957	1.86%	789	2.00%	108
Herbal Supplements - Flax Seed Oil	541	1.05%	349	0.88%	84
Herbal Supplements - Garlic	1,524	2.96%	1,278	3.24%	109
Herbal Supplements - Ginkgo Biloba	50	0.10%	22	0.06%	60
Herbal Supplements - Ginseng	862	1.68%	570	1.45%	86
Herbal Supplements - Glucosamine/Chondroitin Sulfate	3,621	7.04%	2,762	7.00%	99
Herbal Supplements - Joint Health	1,052	2.05%	1,066	2.70%	132
Herbal Supplements - Krill Oil	481	0.94%	356	0.90%	96
Herbal Supplements - Lutein	1,217	2.37%	613	1.55%	65
Herbal Supplements - Melatonin	3,084	6.00%	3,165	8.02%	134
Herbal Supplements - Omega 3/Fish Oil	7,944	15.45%	6,394	16.20%	105
Herbal Supplements - Probiotics	3,855	7.50%	3,918	9.93%	132
Herbal Supplements - Saw Palmetto	300	0.58%	236	0.60%	103
Herbal Supplements - St. John's Wort	281	0.55%	62	0.16%	29
Herbal Supplements - Other	3,726	7.25%	2,533	6.42%	89
<b>Probiotics - Used Past 6 Months</b>					
Probiotics - Yes	13,130	25.53%	11,132	28.21%	110
<b>Health Care - Practitioners Visited in Past 6 Months</b>					
Visited - Acupuncturist	1,442	2.80%	1,438	3.64%	130
Visited - Aromatherapist	537	1.04%	300	0.76%	73
Visited - Chiropractor	7,691	14.96%	6,173	15.64%	105
Visited - Cosmetic Surgeon	273	0.53%	198	0.50%	94
Visited - Dentist	29,637	57.63%	25,421	64.42%	112
Visited - Dietician/Nutritionist	1,481	2.88%	683	1.73%	60
Visited - GP/Family Physician	27,207	52.91%	19,937	50.52%	95

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Visited - Homeopath	188	0.37%	251	0.64%	173
Visited - Massage Therapist	7,358	14.31%	6,591	16.70%	117
Visited - Naturopath	897	1.74%	781	1.98%	114
Visited - Optometrist	9,697	18.86%	7,353	18.63%	99
Visited - Osteopath	79	0.15%	69	0.18%	120
Visited - Physiotherapist	5,283	10.27%	4,227	10.71%	104
Visited - Other Practitioners	9,619	18.71%	7,002	17.74%	95
<b>Health Care - Practitioners Intend to Visit Next 12 Months</b>					
Intend to Visit - Acupuncturist	2,336	4.54%	1,572	3.99%	88
Intend to Visit - Aromatherapist	710	1.38%	334	0.85%	62
Intend to Visit - Chiropractor	4,321	8.40%	3,075	7.79%	93
Intend to Visit - Cosmetic Surgeon	1,122	2.18%	443	1.12%	51
Intend to Visit - Dentist	19,487	37.89%	16,172	40.98%	108
Intend to Visit - Dietician/Nutritionist	763	1.48%	344	0.87%	59
Intend to Visit - GP/Family Physician	18,287	35.56%	14,390	36.46%	103
Intend to Visit - Homeopath	368	0.72%	332	0.84%	117
Intend to Visit - Massage Therapist	7,580	14.74%	6,810	17.26%	117
Intend to Visit - Naturopath	570	1.11%	447	1.13%	102
Intend to Visit - Optometrist	8,549	16.63%	6,792	17.21%	103
Intend to Visit - Osteopath	86	0.17%	35	0.09%	53
Intend to Visit - Physiotherapist	2,204	4.29%	1,874	4.75%	111
Intend to Visit - Other Practitioners	6,245	12.14%	4,530	11.48%	95
<b>Health Care - Equipment Have</b>					
Have - Hearing Aids	2,501	4.86%	1,906	4.83%	99
Have - Mobility Aids (wheelchair, walker, braces)	2,739	5.33%	1,197	3.03%	57
Have - Therapeutic Mattress	1,182	2.30%	815	2.07%	90
Have - Other	1,473	2.86%	1,159	2.94%	103
<b>Suntan &amp; Sunscreen Products - Bought/Past 12 Months</b>					
Suntan & Sunscreen Products - Yes	15,951	31.02%	13,356	33.84%	109
<b>Suntan &amp; Sunscreen Products - # Containers Bought/Past 12 Months</b>					
# Suntan & Sunscreen - 1-2 (L)	11,063	21.51%	8,778	22.24%	103
# Suntan & Sunscreen - 3-5 (M)	4,548	8.84%	4,334	10.98%	124
# Suntan & Sunscreen - 6+ (H)	340	0.66%	244	0.62%	94
<b>Suntan &amp; Sunscreen Products - Type Bought - Any</b>					
Suntan & Sunscreen Any - SPF 1-14	1,217	2.37%	937	2.37%	100
Suntan & Sunscreen Any - SPF 15	4,843	9.42%	4,148	10.51%	112
Suntan & Sunscreen Any - SPF 16-35	9,023	17.55%	8,306	21.05%	120
Suntan & Sunscreen Any - SPF 36+	10,366	20.16%	8,263	20.94%	104
<b>Suntan &amp; Sunscreen Products - Type Bought - Most Often</b>					
Suntan & Sunscreen Most Often - SPF 1-14	287	0.56%	328	0.83%	148
Suntan & Sunscreen Most Often - SPF 15	2,979	5.79%	2,748	6.96%	120
Suntan & Sunscreen Most Often - SPF 16-35	6,314	12.28%	5,582	14.15%	115
Suntan & Sunscreen Most Often - SPF 36+	8,358	16.25%	6,568	16.64%	102
<b>Suntan &amp; Sunscreen Products - Type Bought - Sometimes</b>					
Suntan & Sunscreen Sometimes - SPF 1-14	929	1.81%	609	1.54%	85



Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Suntan & Sunscreen Sometimes - SPF 15	1,864	3.63%	1,400	3.55%	98
Suntan & Sunscreen Sometimes - SPF 16-35	2,709	5.27%	2,723	6.90%	131
Suntan & Sunscreen Sometimes - SPF 36+	2,008	3.90%	1,695	4.30%	110
<b>Feminine Hygiene Products - Used Past 6 Months</b>					
Feminine Hygiene - Pantliners	8,873	17.26%	6,378	16.16%	94
Feminine Hygiene - Sanitary Napkins	4,745	9.23%	3,089	7.83%	85
Feminine Hygiene - Tampons	3,665	7.13%	2,023	5.13%	72
Feminine Hygiene - Other	2,669	5.19%	2,220	5.63%	108
<b>Feminine Hygiene Products - Number of Times Used Past 30 Days</b>					
Feminine Hygiene - 1	850	1.65%	712	1.80%	109
Feminine Hygiene - 2-4	2,492	4.85%	1,723	4.37%	90
Feminine Hygiene - 5-9	1,681	3.27%	1,055	2.67%	82
Feminine Hygiene - 10+	6,030	11.73%	4,711	11.94%	102

Index	Description
>=180	Extremely High
>=110 and <180	High
>=90 and <110	Similar
>=50 and <90	Lower
<50	Extremely Low

**Powered By:** PolarisIntelligence.com

**Data Source:** Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.