

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
<b>Population aged 12 and over</b>	58,973		43,379		
<b>Smoking</b>					
Type of smoker (daily/occasionally/not at all) - presently: Daily	5,616	9.52%	3,406	7.85%	82
Type of smoker (daily/occasionally/not at all) - presently: Occasionally	3,044	5.16%	1,846	4.26%	83
Type of smoker (daily/occasionally/not at all) - presently: Not at all	50,380	85.43%	37,827	87.20%	102
Smoked - 30 days	2,908	4.93%	1,816	4.19%	85
Smoked daily - 30 days	5,564	9.44%	3,371	7.77%	82
Smoked more than 100 cigarettes - lifetime	23,372	39.63%	16,730	38.57%	97
Smoked ever a whole cigarette - lifetime	7,147	12.12%	5,293	12.20%	101
Smoked ever daily - lifetime (occasional/former smoker)	15,036	25.50%	11,189	25.79%	101
Age - Smoked first whole cigarette between ages 5 and 11	301	0.51%	176	0.41%	80
Age - Smoked first whole cigarette between ages 12 and 14	1,132	1.92%	665	1.53%	80
Age - Smoked first whole cigarette between ages 15 and 17	1,587	2.69%	951	2.19%	81
Age - Smoked first whole cigarette between ages 18 and 19	663	1.13%	393	0.91%	81
Age - Smoked first whole cigarette between ages 20 and 24	562	0.95%	335	0.77%	81
Age - Smoked first whole cigarette between ages 25 and 29	109	0.19%	66	0.15%	79
Age - Smoked first whole cigarette between ages 30 and 34	39	0.07%	25	0.06%	86
Age - Smoked first whole cigarette between ages 35 and 39	17	0.03%	10	0.02%	67
Age - Smoked first whole cigarette between ages 40 and 44	11	0.02%	7	0.02%	100
Age - Smoked first whole cigarette between ages 45 and 49	3	0.01%	2	0.00%	0
Age - Smoked first whole cigarette at age 50 or older	4,234	7.18%	2,623	6.05%	84
Age - Began smoking daily between ages 5 and 11	245	0.42%	182	0.42%	100
Age - Began smoking daily between ages 12 and 14	1,845	3.13%	1,321	3.05%	97
Age - Began smoking daily between ages 15 and 17	4,823	8.18%	3,586	8.27%	101
Age - Began smoking daily between ages 18 and 19	3,313	5.62%	2,509	5.79%	103
Age - Began smoking daily between ages 20 and 24	3,224	5.47%	2,384	5.50%	101
Age - Began smoking daily between ages 25 and 29	952	1.61%	721	1.66%	103
Age - Began smoking daily between ages 30 and 34	299	0.51%	224	0.52%	102
Age - Began smoking daily between ages 35 and 39	106	0.18%	85	0.20%	111
Age - Began smoking daily between ages 40 and 44	153	0.26%	121	0.28%	108
Age - Began smoking daily between ages 45 and 49	21	0.04%	16	0.04%	100
Age - Began smoking daily at age 50 or older	55	0.09%	41	0.09%	100
Num of cigarettes smoked each day (daily smoker)	1.09		0.90		83
Num of cigarettes smoked per day (occasional smoker)	0.16		0.13		81
Num of days - smoked 1 cigarette or more (occasional smoker) - 1 month	0.39		0.32		82
Former smoker (former smoker but never daily)	1,875	3.18%	1,396	3.22%	101
Stopped smoking - when (former smoker but never daily): Less than one year ago	49	0.08%	41	0.10%	125
Stopped smoking - when (former smoker but never daily): 1 year to less than 2 years ago	40	0.07%	25	0.06%	86

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Stopped smoking - when (former smoker but never daily): 2 years to less than 3 years ago	30	0.05%	21	0.05%	100
Stopped smoking - when (former smoker but never daily): 3 or more years ago	1,756	2.98%	1,309	3.02%	101
Num of cigarettes smoked daily (former daily smoker)	2.98		3.12		105
Former smoker (former daily smoker)	13,324	22.59%	10,076	23.23%	103
Stopped smoking daily - when (former daily smoker): Less than one year ago	588	1.00%	412	0.95%	95
Stopped smoking daily - when (former daily smoker): 1 year to less than 2 years ago	523	0.89%	352	0.81%	91
Stopped smoking daily - when (former daily smoker): 2 years to less than 3 years ago	549	0.93%	395	0.91%	98
Stopped smoking daily - when (former daily smoker): 3 or more years ago	11,664	19.78%	8,917	20.56%	104
Stopped smoking daily - num of years (former daily smoker): Stopped smoking daily between 3 and 5 years ago.	1,156	1.96%	831	1.92%	98
Stopped smoking daily - num of years (former daily smoker): Stopped smoking daily between 6 and 10 years ago.	2,125	3.60%	1,488	3.43%	95
Stopped smoking daily - num of years (former daily smoker): Stopped smoking daily 11 or more years ago.	8,323	14.11%	6,534	15.06%	107
Quit smoking completely (former daily smoker)	12,719	21.57%	9,644	22.23%	103
Quit smoking completely - when (former daily smoker): Less than one year ago	118	0.20%	79	0.18%	90
Quit smoking completely - when (former daily smoker): 1 year to less than 2 years ago	69	0.12%	51	0.12%	100
Quit smoking completely - when (former daily smoker): 2 years to less than 3 years ago	39	0.07%	28	0.07%	100
Quit smoking completely - when (former daily smoker): 3 or more years ago	363	0.62%	268	0.62%	100
Quit smoking completely - numb of years (former daily smoker): Stopped smoking between 3 and 5 years ago.	3,165	5.37%	2,221	5.12%	95
Quit smoking completely - numb of years (former daily smoker): Stopped smoking between 6 and 10 years ago.	2,162	3.67%	1,588	3.66%	100
Quit smoking completely - numb of years (former daily smoker): Stopped smoking 11 or more years ago.	7,393	12.54%	5,835	13.45%	107
Smoking status (type 2) - traditional definition: Current daily smoker	5,625	9.54%	3,440	7.93%	83
Smoking status (type 2) - traditional definition: Current occasional smoker	3,049	5.17%	1,864	4.30%	83
Smoking status (type 2) - traditional definition: Former daily smoker (non-smoker now)	13,365	22.66%	10,210	23.54%	104
Smoking status (type 2) - traditional definition: Former occasional smoker (non-smoker now)	1,934	3.28%	1,452	3.35%	102

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Smoking status (type 2) - traditional definition: Experimental smoker (at least 1 cig, non-smoker now)	7,159	12.14%	5,352	12.34%	102
Smoking status (type 2) - traditional definition: Lifetime abstainer (never smoked a whole cigarette)	27,842	47.21%	21,060	48.55%	103
Number of years smoked daily (current daily smokers only): Respondent has smoked daily for 2 years or less	195	0.33%	137	0.32%	97
Number of years smoked daily (current daily smokers only): Respondent has smoked daily for 3 to 5 years	234	0.40%	158	0.37%	93
Number of years smoked daily (current daily smokers only): Respondent has smoked daily for 6 to 10 years	548	0.93%	313	0.72%	77
Number of years smoked daily (current daily smokers only): Respondent has smoked daily for 11 years or more	4,472	7.58%	2,696	6.21%	82
Number of years since stopped smoking completely: Less than 1 year	744	1.26%	528	1.22%	97
Number of years since stopped smoking completely: 1 to 2 years	1,189	2.02%	836	1.93%	96
Number of years since stopped smoking completely: 3 to 5 years	1,270	2.15%	900	2.08%	97
Number of years since stopped smoking completely: 6 to 10 years	2,354	3.99%	1,648	3.80%	95
Number of years since stopped smoking completely: 11 or more years	9,642	16.35%	7,560	17.43%	107
<b>Smoking - Stages of Change</b>					
Considers quitting smoking - next 6 months	8,791	14.91%	5,048	11.64%	78
Considers quitting smoking - next 30 days	4,496	7.62%	2,567	5.92%	78
Stopped smoking for at least 24 hours - 12 months	7,404	12.56%	4,311	9.94%	79
Stopped smoking for at least 24 hours - number of times - 12 months	0.47		0.38		81
Smoking stages of change (Current and Former Smokers): Precontemplation stage (smokers)	2,966	5.03%	1,916	4.42%	88
Smoking stages of change (Current and Former Smokers): Contemplation stage (smokers)	4,071	6.90%	2,444	5.63%	82
Smoking stages of change (Current and Former Smokers): Preparation stage (smokers)	2,612	4.43%	1,563	3.60%	81
Smoking stages of change (Current and Former Smokers): Action stage (former smoker)	1,026	1.74%	694	1.60%	92
Smoking stages of change (Current and Former Smokers): Maintenance stage (former smoker)	12,696	21.53%	10,113	23.31%	108
<b>Smoking Cessation Methods</b>					
Reduced/quit smoking - nicotine patch - 12 months	156	0.26%	114	0.26%	100
Reduced/quit smoking - medication - 12 months	200	0.34%	140	0.32%	94
Stopped smoking for at least 24 hours - 12 months	6,473	10.98%	3,909	9.01%	82
Tried to reduce/quit smoking - nicotine patch - 12 months	1,027	1.74%	629	1.45%	83
Tried to reduce/quit smoking - nicotine gum - 12 months	1,044	1.77%	623	1.44%	81
Tried to reduce/quit smoking - medication - 12 months	671	1.14%	432	1.00%	88

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Attempted/successful quitting smoking: Did not try to quit last year (smoker)	4,830	8.19%	2,988	6.89%	84
Attempted/successful quitting smoking: Tried to quit unsuccessfully in the last year (smoker)	5,392	9.14%	3,409	7.86%	86
Attempted/successful quitting smoking: Successfully quit in the last year (former smoker)	1,052	1.78%	772	1.78%	100
Attempted/successful quitting smoking: Successfully quit more than 1 year ago (former smoker)	12,098	20.51%	9,560	22.04%	107
<b>Tobacco Products Alternatives</b>					
Smoked little cigars/cigarillos - 30 days	1,383	2.34%	972	2.24%	96
Smoked little cigars/cigarillos - plain/flavoured: Plain	499	0.85%	358	0.83%	98
Smoked little cigars/cigarillos - plain/flavoured: Flavoured	681	1.16%	475	1.10%	95
Smoked little cigars/cigarillos - plain/flavoured: Both	202	0.34%	139	0.32%	94
Smoked other cigars - 30 days	568	0.96%	393	0.91%	95
Used an electronic cigarette - 30 days	1,558	2.64%	1,031	2.38%	90
Smoked a pipe - 30 days	349	0.59%	248	0.57%	97
Used chewing tobacco/pinch/snuff - 30 days	516	0.88%	363	0.84%	95
Smoked a tobacco water-pipe - 30 days	371	0.63%	268	0.62%	98
Alternative tobacco product usage: Has used an alternative tobacco product	3,889	6.60%	2,678	6.17%	93
Alternative tobacco product usage: Has not used an alternative tobacco product	55,083	93.41%	40,701	93.83%	100
<b>Nicotine Dependence</b>					
Time between waking up and first cigarette: Within 5 minutes	0	0.00%	0	0.00%	-
Time between waking up and first cigarette: 6 - 30 minutes after waking	0	0.00%	0	0.00%	-
Time between waking up and first cigarette: 31 - 60 minutes after waking	0	0.00%	0	0.00%	-
Time between waking up and first cigarette: More than 60 minutes after waking	0	0.00%	0	0.00%	-
Difficulty to refrain from smoking in places where it is forbidden	1,374	2.33%	840	1.94%	83
Hardest cigarette to give up: The first one of the day	3,027	5.13%	1,844	4.25%	83
Hardest cigarette to give up: Another one	2,589	4.39%	1,562	3.60%	82
Smokes more frequently during first hours after waking up	2,310	3.92%	1,402	3.23%	82
Smokes even if ill	1,678	2.85%	999	2.30%	81
Fagerstrom tolerance score measuring comb. of cons. (cig. per day) with difficulty tolerating reduced nicotine levels: Very low dependence	1,981	3.36%	1,189	2.74%	82
Fagerstrom tolerance score: Low dependence	1,503	2.55%	920	2.12%	83
Fagerstrom tolerance score: Medium dependence	705	1.20%	429	0.99%	83
Fagerstrom tolerance score: High dependence	1,089	1.85%	669	1.54%	83
Fagerstrom tolerance score: Very high dependence	338	0.57%	199	0.46%	81
<b>Exposure to Second-Hand Smoke</b>					
Someone smokes inside home every day	2,285	3.87%	1,662	3.83%	99

## Health Care Patterns - Smoking Report

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Number of people who smoke inside home: One person smokes inside the home.	1,540	2.61%	1,154	2.66%	102
Number of people who smoke inside home: Two people smoke inside the home.	511	0.87%	349	0.81%	93
Number of people who smoke inside home: Three people smoke inside the home.	165	0.28%	107	0.25%	89
Number of people who smoke inside home: At least 4 people smoke inside the home.	69	0.12%	52	0.12%	100
Smoking allowed inside home	1,351	2.29%	1,014	2.34%	102
Smoking restrictions inside home	529	0.90%	385	0.89%	99
Smoking restrictions - allowed in certain rooms only	153	0.26%	110	0.25%	96
Smoking restrictions - restricted in the presence of young children	48	0.08%	34	0.08%	100
Smoking restrictions - allowed if windows are open	146	0.25%	110	0.25%	100
Smoking restrictions - other	182	0.31%	131	0.30%	97
Exposed to second-hand smoke - workplace/school - 1 month	3,637	6.17%	2,651	6.11%	99
Exposed to second-hand smoke - private vehicle - 1 month	1,534	2.60%	1,147	2.64%	102
Exposed to second-hand smoke - public places - 1 month	5,926	10.05%	4,361	10.05%	100

Index	Description
$\geq 180$	Extremely High
$\geq 110$ and $< 180$	High
$\geq 90$ and $< 110$	Similar
$\geq 50$ and $< 90$	Low
$< 50$	Extremely Low

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