

Food Spending - Food Spending Report

Attribute	Benchmark	CSD/DM (5915055): West Vancouver, BC	
	CSD/CY (5915051): North Vancouver, BC		
	Count: -	Count: -	
	Value	Value	Index
TOTAL			
Total number of households	30,542	19,128	
HOUSEHOLD ANNUAL SPENDING			
Total annual food expenditure	\$10,913	\$17,508	160
Total food purchased from stores	\$8,973	\$14,482	161
Total food purchased from stores while on trips overnight or longer	\$99	\$160	162
Total food purchased from stores locally and on day trips	\$8,874	\$14,322	161
Food purchased from specialty stores locally and on day trips	\$745	\$1,170	157
Food purchased from convenience stores locally and on day trips	\$222	\$362	163
Food purchased from supermarkets locally and on day trips	\$6,248	\$10,057	161
Food purchased from other stores locally and on day trips	\$894	\$1,441	161
Food purchased from restaurants	\$1,941	\$3,026	156
Food purchased from restaurants locally and on day trips	\$1,664	\$2,590	156
Food purchased from restaurants while on trips overnight or longer	\$277	\$436	157
BAKERY PRODUCTS			
Bakery products	\$815	\$1,360	167
Bread and unsweetened rolls and buns	\$335	\$559	167
Bread	\$226	\$376	166
Unsweetened rolls and buns	\$110	\$183	166
Cookies and crackers	\$183	\$306	167
Cookies and sweet biscuits	\$94	\$157	167
Crackers and crisp breads	\$89	\$149	167
Other bakery products	\$297	\$495	167
Other bakery products (except frozen)	\$259	\$432	167
Ready-to-bake bakery products (except frozen)	\$5	\$9	180
Ready-to-eat pastry (except frozen)	\$207	\$345	167
All other bakery products (except frozen)	\$47	\$78	166
Frozen bakery products	\$37	\$63	170
Dessert pies, cakes, squares, and other pastries - prepared and frozen	\$13	\$21	162
Other frozen bakery products	\$25	\$41	164
CEREAL GRAINS AND CEREAL PRODUCTS			
Cereal grains and cereal products	\$550	\$858	156
Rice and rice mixes	\$86	\$134	156
Rice	\$80	\$124	155
Rice mixes	\$6	\$9	150

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
Pasta products	\$81	\$127	157
Pasta (fresh or dry)	\$63	\$98	156
Pasta (canned)	\$5	\$8	160
Pasta mixes	\$13	\$21	162
Other cereal grains and cereal products	\$383	\$597	156
Flour and flour-based mixes	\$48	\$75	156
Flour	\$39	\$60	154
Cake and other flour-based mixes	\$9	\$15	167
Breakfast cereal and other grain products (except infant)	\$335	\$522	156
Breakfast cereal (except infant cereals)	\$120	\$187	156
Cereal bars	\$83	\$129	155
Cereal-based snack food	\$104	\$162	156
Other cereal grains (unmilled or milled)	\$28	\$44	157
FRUIT, FRUIT PREPARATIONS AND NUTS			
Fruit, fruit preparations and nuts	\$1,115	\$1,845	165
Fresh fruit	\$744	\$1,247	168
Apples (fresh)	\$102	\$170	167
Bananas and plantains (fresh)	\$79	\$132	167
Grapes (fresh)	\$74	\$124	168
Peaches and nectarines (fresh)	\$35	\$58	166
Peaches (fresh)	\$23	\$38	165
Nectarines (fresh)	\$12	\$20	167
Pears (fresh)	\$20	\$33	165
Berries (fresh)	\$162	\$271	167
Strawberries (fresh)	\$52	\$88	169
Other berries (fresh)	\$109	\$183	168
Citrus fruit (fresh)	\$116	\$195	168
Other fruit (fresh)	\$158	\$264	167
Preserved fruit and fruit preparations	\$217	\$349	161
Fruit juice	\$93	\$151	162
Ready-to-drink citrus juice	\$36	\$57	158
Other ready-to-drink fruit juices	\$58	\$93	160
Ready-to-drink apple juice	\$19	\$31	163
All other ready-to-drink fruit juices	\$39	\$62	159
Concentrated fruit juice (frozen)	\$1	\$2	200
Other preserved fruit and fruit preparations	\$122	\$197	161
Preserved fruit (including canned fruit pie filling and frozen fruit)	\$53	\$86	162
Canned or bottled fruit	\$16	\$26	163
Fruit pie filling	\$1	\$2	200
Frozen fruit	\$36	\$58	161
Dried or other preserved fruit	\$34	\$54	159

Food Spending - Food Spending Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
Raisins	\$7	\$11	157
Other dried or preserved fruit	\$27	\$43	159
Jams, jellies, marmalades, and similar preserves	\$19	\$31	163
Fruit drinks (canned, bottled, or frozen)	\$16	\$26	163
Nuts and seeds	\$154	\$248	161
Peanuts (shelled or unshelled)	\$14	\$22	157
Other nuts and seeds	\$140	\$226	161
VEGETABLES AND VEGETABLE PREPARATIONS			
Vegetables and vegetable preparations	\$1,085	\$1,809	167
Fresh vegetables	\$906	\$1,524	168
Potatoes (except sweet potatoes)	\$68	\$114	168
Tomatoes (fresh)	\$81	\$137	169
Lettuce (fresh)	\$53	\$90	170
Cabbage (fresh)	\$36	\$61	169
Carrots (fresh)	\$46	\$77	167
Onions (fresh)	\$60	\$102	170
Celery (fresh)	\$26	\$44	169
Cucumber (fresh)	\$47	\$79	168
Mushrooms (fresh)	\$46	\$77	167
Broccoli (fresh)	\$32	\$54	169
Peppers (fresh)	\$67	\$113	169
Other vegetables (fresh)	\$343	\$576	168
Cauliflower (fresh)	\$29	\$48	166
Seaweed	\$3	\$6	200
Corn (fresh)	\$13	\$22	169
Eggplant (fresh)	\$9	\$15	167
Squash (fresh)	\$37	\$62	168
Peas (fresh)	\$15	\$25	167
Beans (fresh)	\$18	\$30	167
Mixed vegetables (fresh)	\$11	\$19	173
All other vegetables (fresh)	\$207	\$349	169
Frozen and dried vegetables	\$48	\$77	160
Potato products (frozen)	\$19	\$30	158
Other frozen vegetables	\$22	\$34	155
Dried vegetables and legumes	\$8	\$13	163
Canned vegetables and other vegetable preparations	\$130	\$207	159
Canned or bottled vegetables	\$45	\$71	158
Tomatoes (canned or bottled, including tomato paste)	\$10	\$15	150
Peas (canned or bottled)	\$4	\$6	150
Beans (canned or bottled)	\$12	\$19	158
Other vegetables or legumes (canned or bottled, except infant food)	\$20	\$31	155

Food Spending - Food Spending Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
Other legumes (canned or bottled)	\$9	\$14	156
Mixed vegetables (canned)	\$1	\$2	200
All other vegetables (canned or bottled, except infant foods)	\$9	\$15	167
Ready-to-serve or ready-to-cook prepared salads and side dishes, fruit or vegetable based	\$82	\$131	160
Vegetable juice (canned or bottled)	\$3	\$5	167
Tomato juice (canned or bottled)	\$1	\$2	200
Other vegetable juice (canned or bottled)	\$2	\$3	150
DAIRY PRODUCTS AND EGGS			
Dairy products and eggs	\$1,209	\$1,958	162
Cheese	\$293	\$476	162
Cheddar cheese	\$98	\$159	162
Mozzarella cheese	\$22	\$36	164
Processed cheese	\$19	\$31	163
Other cheeses	\$154	\$250	162
Cottage cheese, ricotta cheese, and other unripened cheese	\$32	\$51	159
Other natural and ripened cheese	\$69	\$113	164
Cream cheese	\$14	\$23	164
All other cheeses	\$39	\$63	162
Milk	\$264	\$423	160
Fluid whole milk	\$62	\$99	160
Fluid low-fat milk	\$138	\$221	160
Fluid low-fat milk (2%)	\$102	\$163	160
Fluid low-fat milk (1%)	\$36	\$58	161
Skim and other fluid milk	\$64	\$102	159
Fluid skim milk	\$26	\$42	162
Other fluid milk	\$37	\$60	162
Butter	\$74	\$120	162
Ice cream and ice milk (including novelties)	\$74	\$119	161
Other dairy products	\$322	\$524	163
Other processed milk products	\$170	\$276	162
Other processed dairy products	\$152	\$248	163
Frozen yogurt	\$3	\$4	133
Cream (except sour cream)	\$61	\$100	164
All other dairy products	\$26	\$41	158
Dairy product substitutes	\$63	\$102	162
Eggs and other egg products	\$182	\$297	163
Eggs	\$180	\$294	163
Other egg products	\$2	\$3	150
MEAT			
Meat	\$1,795	\$2,906	162

Food Spending - Food Spending Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
Meat (except processed meat)	\$1,158	\$1,918	166
Beef	\$377	\$625	166
Pork	\$187	\$304	163
Poultry	\$538	\$896	167
Turkey	\$79	\$132	167
Chicken	\$458	\$764	167
Other meat and poultry	\$57	\$93	163
Processed meat	\$636	\$988	155
Bacon and ham	\$91	\$141	155
Bacon	\$58	\$90	155
Uncooked ham and dinner ham (except deli-style and canned)	\$32	\$50	156
Other processed meat	\$546	\$847	155
Sausage and wieners	\$99	\$154	156
Sausage (fresh or frozen, uncooked)	\$74	\$114	154
Wieners (except canned)	\$26	\$40	154
Deli and deli-style meat	\$241	\$375	156
Other meat preparations	\$205	\$318	155
Other meat preparations (frozen or prepared)	\$190	\$294	155
Meat stew and other meat preparations (canned)	\$15	\$24	160
FISH AND SEAFOOD			
Fish and seafood	\$280	\$495	177
Fresh or frozen fish	\$139	\$246	177
Cod, flounder, sole and haddock (fresh or frozen, uncooked)	\$25	\$44	176
Salmon (fresh or frozen, uncooked)	\$55	\$97	176
Other fish (fresh or frozen, uncooked)	\$59	\$104	176
Canned fish or other preserved fish	\$46	\$81	176
Tuna (canned)	\$14	\$25	179
Salmon (canned)	\$13	\$23	177
Cured fish	\$11	\$19	173
Other fish (canned or bottled)	\$8	\$14	175
Seafood and other marine products	\$96	\$169	176
Shrimp and prawns	\$55	\$97	176
Other seafood and marine products	\$40	\$71	178
Lobster	\$13	\$24	185
Crab	\$7	\$12	171
Mussels	\$2	\$3	150
Other shellfish	\$10	\$18	180
Other marine products	\$9	\$15	167
NON-ALCOHOLIC BEVERAGES AND OTHER FOOD PRODUCTS			
Non-alcoholic beverages and other food products	\$2,124	\$3,252	153

Food Spending - Food Spending Report

Attribute	Benchmark	CSD/DM (5915055): West Vancouver, BC	
	CSD/CY (5915051): North Vancouver, BC		
	Count: -	Count: -	
	Value	Value	Index
Non-alcoholic beverages and beverage mixes	\$644	\$1,019	158
Coffee and tea	\$265	\$419	158
Roasted and ground coffee	\$176	\$279	159
Instant and other coffee	\$32	\$51	159
Tea (including herbal)	\$56	\$89	159
Non-alcoholic beverages	\$379	\$600	158
Carbonated soft drinks	\$127	\$201	158
Carbonated water and flavoured water	\$31	\$49	158
Bottled water	\$50	\$80	160
Meal replacement (powder and drink)	\$83	\$131	158
Sports and energy drinks	\$29	\$46	159
Other non-alcoholic beverages	\$58	\$92	159
SUGAR AND CONFECTIONERY			
Sugar and confectionery	\$429	\$696	162
Sugar, syrups, and sugar substitutes	\$81	\$131	162
Sugar	\$30	\$48	160
Artificial sweeteners	\$14	\$22	157
Syrups and molasses	\$16	\$25	156
Sugar preparations for baking and desserts	\$9	\$15	167
Other sugar, confections, and preparations	\$13	\$20	154
Candies and chocolates	\$349	\$565	162
Chocolate bars	\$119	\$193	162
Other chocolate confections	\$103	\$166	161
Baking chocolate, cocoa, and chocolate substitutes	\$23	\$37	161
Sugar candy	\$88	\$143	163
Gum	\$15	\$25	167
MARGARINE, OILS AND FATS (EXCLUDING BUTTER)			
Margarine, oils, and fats (excluding butter)	\$79	\$127	161
Margarine	\$14	\$22	157
Cooking and salad oils	\$59	\$94	159
Other oils and fats	\$6	\$10	167
Condiments, spices, and vinegars	\$364	\$554	152
Mayonnaise, salad dressings and dips	\$90	\$137	152
Pasta and pizza sauces (canned, bottled, or dried)	\$31	\$47	152
Other sauces and gravies (canned, bottled, or dried)	\$43	\$66	153
Dried herbs and spices	\$31	\$47	152
Food seasonings (including table salt)	\$56	\$85	152
Ketchup	\$14	\$22	157
Pickled vegetables (including olives)	\$39	\$59	151
Fresh herbs	\$21	\$32	152
Other condiments (including vinegar)	\$39	\$59	151

Food Spending - Food Spending Report

Attribute	Benchmark	CSD/DM (5915055): West Vancouver, BC	
	CSD/CY (5915051): North Vancouver, BC		
	Count: -	Count: -	
	Value	Value	Index
OTHER FOODS			
Other foods, materials and food preparations purchased from stores locally and on day trips	\$609	\$856	141
Infant food	\$24	\$32	133
Infant formula	\$13	\$17	131
Infant cereals and biscuits	\$2	\$3	150
Canned or bottled infant food	\$8	\$11	138
Other infant food (including frozen)	\$1	\$1	100
Frozen prepared food	\$156	\$223	143
Frozen dinners and entrees	\$54	\$76	141
Frozen pizza	\$62	\$88	142
Fish portions (pre-cooked and frozen)	\$7	\$11	157
Frozen side dishes and other frozen prepared food	\$34	\$48	141
Soup (except infant soup)	\$72	\$103	143
Soup (chilled, frozen, canned, or bottled)	\$47	\$67	143
Soup (dried)	\$25	\$35	140
Ready-to-serve prepared food	\$115	\$164	143
Dinners and entrees (except frozen)	\$52	\$75	144
Pizza (except frozen)	\$7	\$9	129
Other ready-to-serve prepared food	\$56	\$79	141
Snack food	\$95	\$126	133
Potato-based snack foods	\$69	\$92	133
Other snack foods	\$26	\$34	131
Other food preparations	\$147	\$209	142
Peanut butter and other nut butters	\$35	\$50	143
Honey	\$18	\$26	144
Flavoured drink powders, crystals, and syrups	\$15	\$22	147
Fruit-flavoured drink powders, crystals, and syrups	\$8	\$11	138
Other drink flavouring powders and syrups, (except fruit flavours)	\$7	\$10	143
Non-dairy frozen ice treats	\$9	\$13	144
Dessert powders	\$11	\$16	145
Jelly powders	\$3	\$4	133
Prepared dessert powders	\$2	\$3	150
Puddings, custards, and jellied desserts (canned or bottled)	\$6	\$9	150
Tofu	\$18	\$25	139
Other canned, bottled, or dried meals	\$6	\$8	133
Other materials for food preparation	\$34	\$49	144
SPENDING ON MEALS PURCHASED FROM RESTAURANTS			
Total food purchased from restaurants: Table, Fast Food, Cafs & Other	\$1,783	\$2,722	153
Food purchased from table service restaurants	\$1,032	\$1,524	148

Food Spending - Food Spending Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
Breakfasts purchased from table service restaurants	\$112	\$159	142
Lunches purchased from table service restaurants	\$347	\$510	147
Dinners purchased from table service restaurants	\$560	\$836	149
Between meals foods purchased from table service restaurants	\$14	\$19	136
Food purchased from fast food restaurants	\$522	\$785	150
Breakfasts purchased from fast food restaurants	\$35	\$52	149
Lunches purchased from fast food restaurants	\$218	\$332	152
Dinners purchased from fast food restaurants	\$204	\$306	150
Between meals foods/snacks/non-alcoholic beverages purchased from fast food restaurants	\$64	\$94	147
Food purchased from cafeterias	\$72	\$110	153
Breakfasts purchased from cafeterias	\$16	\$25	156
Lunches purchased from cafeterias	\$38	\$56	147
Dinners purchased from cafeterias	\$12	\$19	158
Between meals foods/snacks/non-alcoholic beverages purchased from cafeterias	\$6	\$10	167
Food purchased from other restaurants, includes refreshment stands, snack bars, vending machines etc.	\$157	\$303	193
Breakfasts purchased from other restaurants	\$8	\$13	163
Lunches purchased from other restaurants	\$20	\$35	175
Dinners purchased from other restaurants	\$61	\$112	184
Between meals foods/snacks/non-alcoholic beverages purchased from other restaurants	\$65	\$112	172
Breakfasts purchased from restaurants	\$171	\$249	146
Lunches purchased from restaurants	\$623	\$933	150
Dinners purchased from restaurants	\$837	\$1,274	152
Between meals foods/snacks/non-alcoholic beverages purchased from restaurants	\$149	\$235	158
TOTAL NUMBER OF MEALS PURCHASED FROM RESTAURANTS			
Total number of meals purchased from restaurants	131.97	165.90	126
Number of breakfasts purchased locally and on day trips	13.28	15.89	120
Number of lunches purchased locally and on day trips	58.40	73.43	126
Number of dinners purchased locally and on day trips	39.75	50.04	126
Number of breakfasts purchased while on trips overnight or longer	8.11	10.31	127
Number of lunches purchased while on trips overnight or longer	6.62	8.64	131
Number of dinners purchased while on trips overnight or longer	5.81	7.59	131
Number of meals received free or reimbursed while on trips overnight or longer	2.10	2.78	132

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC	CSD/DM (5915055): West Vancouver, BC	
	Count: -	Count: -	
	Value	Value	Index
WEEKLY SPENDING			
Monday's Food Expenditure on food and beverages purchased from stores	\$1,160	\$1,854	160
Tuesday's Food Expenditure on food and beverages purchased from stores	\$1,143	\$1,860	163
Wednesday's Food Expenditure on food and beverages purchased from stores	\$1,310	\$2,104	161
Thursday's Food Expenditure on food and beverages purchased from stores	\$1,224	\$1,970	161
Friday's Food Expenditure on food and beverages purchased from stores	\$1,232	\$1,997	162
Saturday's Food Expenditure on food and beverages purchased from stores	\$1,672	\$2,709	162
Sunday's Food Expenditure on food and beverages purchased from stores	\$1,231	\$1,988	161

Index	Description
>=180	Extremely High
>=110 and <180	High
>=90 and <110	Similar
>=50 and <90	Low
<50	Extremely Low

Powered By: PolarisIntelligence.com

Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.